



The School of Psychotherapy
St. Vincent's University Hospital
Elm Park, Dublin 4

have you ever sat in a group and wondered what is going on?

FOUNDATION COURSE in GROUP ANALYSIS

Weekend Training Programme

We all live and work in groups - in our relationships with family and friends and professionally in our relationships at the workplace, yet we are often at a loss as to what might be going on in the dynamics of those groups, especially when difficulties arise as they always do!

This one-year course is open to people who are interested in deepening their understanding of group dynamics in both personal and professional settings and in learning about the potential applications of group analysis in clinical and/or organisational contexts.

Drawing on theories of founding pioneer in Group Analysis, S.H. Foulkes, who was always of the view that individuals can only be understood in the context of their groups, this experiential foundation training develops an in-depth understanding of how group dynamics influence the individual and how the individual's dynamics influence the group. The training also explores the 'unconscious' dynamics in groups.

This well regarded and long running training programme is offered in block format over nine weekends from **September 2019 - June 2020**.

The main elements of the programme are experiential, both in small and large groups and also through theory, work discussion and case study groups.

If you are interested in finding out more we will hold a series of **information briefings** at the School of Psychotherapy, St. Vincent's University Hospital, Elm Park, Dublin 4 on:

- **Thursday 7th February 6.30pm - 8pm**
- **Saturday 2nd March 12.30pm - 2pm**
- **Thursday 21st March 6.30pm - 8pm**

To register your interest in attending please contact Louise Hughes, School Administrator at info@tsop.ie

Closing Date for Course Applications: Friday 10th May 2019

additional resources: www.tsop.ie or
www.ucd.ie/medicine/studywithus/graduatestudies/psychotherapy/mscgroupanalyticpsychotherapy/