

Higher Diploma Psychotherapy Studies

COURSE FEATURES

Offers an introduction to the psychotherapies and prepares students for further specialist training.

Provides an academic foundation in the theoretical and clinical literature in the field.

Taught by experienced practitioners.

Tailored not only to trainees or practitioners in disciplines within the mental health arena but also to applicants from non-cognate areas who may be considering embarking on a clinical training in psychotherapy.

WHO SHOULD TAKE THIS COURSE?

Academic qualification at postgraduate level is becoming an integral part of a professional career path in psychotherapy.

Graduates of the higher diploma are well placed on completion to make an informed decision on the modality of psychotherapy in which to train. As part of continuing training in a specialised strand, graduates are eligible to apply for one of a suite of MSc programmes, each of which has its own separate entry requirements.

COURSE DETAILS

Major code	X166
Duration	12 months
Schedule	Part-Time
Next intake	September 2015

"This HDip provided me with the insight, confidence and support I needed to make the right decision regarding my future career. I'm so glad I took the time to do it before making any of those important decisions."

- Frances Tighe

COURSE DESCRIPTION

PROVIDES STRONG FOUNDATION

This one year course offers a route to clinical training in the domain of psychotherapy through the provision of an academic foundation in the theoretical and clinical literature in the field.

COURSE CONTENT

Students will encounter the complex, stimulating theories of psychopathology, development, Freudian- Lacanian psychoanalysis and human subjectivity, Jungian psychotherapy, mental health, family systems and group dynamics. Students will also learn about the practices of psychiatry, child art psychotherapy, infant observation, brief therapy, drama therapy, constructivist and cognitive therapies. Furthermore, there is a strong emphasis on the question of research in the field of psychotherapy.

TEACHING AND LEARNING

All teaching takes place at St Vincent's University Hospital on a Tuesday afternoon/evening and is delivered in six modules, one of which is a 6,000 word dissertation.

COURSE MODULES

As part of this course, students will undertake a combination of modules that includes:

Theoretical overview of psychotherapies

Psychotherapies I & II

Therapeutic relationship in psychotherapy

Research & clinical applications seminar

Dissertation

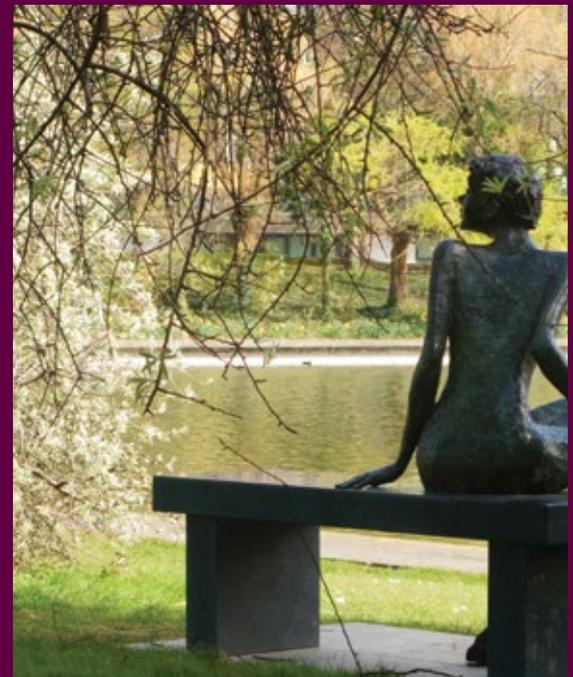
ABOUT UCD PSYCHOTHERAPY

UCD is an internationally renowned centre of excellence in the domain of Psychotherapy. The School offers an extensive portfolio of courses at diploma, masters and doctoral level in each of the main branches of psychotherapy.



CONTACT

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UCD, Springtime

ENTRY REQUIREMENTS

Open to applicants with a Honours Level 8 (NFQ) qualification or equivalent experience-based prior learning.

Most relevant to workers in the field of mental health practice and health work generally as well as those involved in education and social care provision but applicants from outside these fields are also most welcome.

Relevant professional experience and qualification is welcome but not a prerequisite.

Applicants will be interviewed and will be expected to show evidence of a commitment to the study of psychotherapy

FEES

EU Students	€4,700
Non-EU Students	€9,400

More information on this course:
www.ucd.ie/medicine

Apply for this course:
www.ucd.ie/apply